

**SANDWELL
COLLEGE**

Central
Saint Michael's
Sixth Form

cadbury sixth
form college



Phoebe
Taylor



Yvonne
Reed



Baylee
Element



Stuart
Williams



Rajinder
Bharaj

NIAG

Networking, Information, Advice & Guidance

Newsletter December 2023

Issue #9



Contact Details

Email: work.experience@sandwell.ac.uk

Call: 0121 667 5074

1 Spon Lane

West Bromwich

B70 6AW

Welcome to our NIAG Newsletter; following on from our Sandwell Networkers Group meetings, which take place on the first Tuesday of each month at West Bromwich Town Hall. The Work Experience team work with networkers to produce this newsletter of information that serves the college and its students.

The partnership between Sandwell College and the Sandwell Networkers Group aims to offer a catalogue of services that which includes charities, social enterprises and voluntary groups, delivers essential services, helps to improve people's wellbeing and contributes to economic growth. This also supports the wellbeing of our students and our family of communities across the Sandwell borough.

Opportunities for work experience and services that local businesses provide are not always visible; in this publication, there will be signposts to opportunities to get involved within the local community, including charities who offer warm hub spaces, food and clothing banks, allotment space, youth club services, financial and wellbeing support, domestic abuse, and many other hobbies and interests.

Sandwell College Group FabLab



Welcome to the high-tech digital innovation hub and makerspace for Sandwell College Group. We are a place where: anyone can come and make almost anything; we revolutionise teaching and learning at our colleges through the use of emerging technologies; and we accelerate businesses to innovate through technologies and design of products.

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Claim your FREE Fab Lab Business Playground Membership today

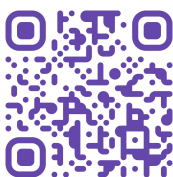
We can offer up to 12 hours of free support to all businesses in the West Midlands. To arrange an initial consultation and a tour of Fab Lab facilities, please apply on the Fab Lab website.

Visit the Fab Lab website: bit.ly/3FCuXV2

Visit Central Saint Michael's Sixth Form, New Street, West Bromwich, B70 7PG

Contact fablab@sandwell.ac.uk | Call 0121 667 5031

Sandwell Visually Impaired



Sandwell Visually Impaired is managed and run by visually impaired (VI) personal. Their services enable VI people to be as independent as possible and help overcome the challenges of sight loss. They make sure that the needs and concerns of VI people in Sandwell are embedded in local service planning and delivery.

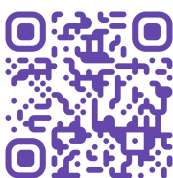
They have a number of opportunities for volunteering that a student could take up, such as dog sitting, gym buddy, office admin and telephone befriending service.

Visit sandwellvisuallyimpaired.org.uk

Visit West Bromwich Town Hall, Lodge Road, West Bromwich, B70 8AY

Contact info@sandwellvisuallyimpaired.org.uk or nigel@sandwellvisuallyimpaired.org.uk | Call 0121 525 4810

Let's Talk by NHS BCHFT



Being active and making connections with others is an important part of our health and wellbeing. Let's Talk can help to identify what support you would like to access and to make connections in your local community. The Let's Talk service aims to support those aged 18+, living in Sandwell, Dudley, Walsall or Wolverhampton, and are experiencing isolation and loneliness.

Visit blackcountryhealthcare.nhs.uk

Email bchft@nhs.net | Call 01922 608500 or 01922 922443

The Kaleidoscope Plus Group



At The Kaleidoscope Plus Group, our vision is a world where mental health is understood, embraced, and nurtured, empowering individuals to live fulfilling lives. We strive to create a society that recognizes the importance of mental well-being and supports individuals in their journey towards recovery, resilience, and holistic health.

Through our compassionate services, innovative programs, and collaborative partnerships, we aim to break down barriers, challenge stigma, and foster a culture of inclusivity and acceptance. Together, we envision a kaleidoscope of vibrant minds, united in hope and solidarity, shaping a brighter future for mental health.

Visit kaleidoscopeplus.org.uk

Visit Hope Place, 321 High Street, West Bromwich, B70 8LU

Contact pressoffice@kaleidoscopeplus.org.uk | Call 0121 565 5605

St. Albans Community Association



St. Albans Community Association has been active within the Smethwick region for over 30 years. It provides a vast range of community services, support and links to the local community, networks hubs, voluntary and third sector partner organisations.

Our day opportunities offer is called Elderberries: Predominantly aimed at the elderly individuals in the community of all abilities who are lonely and isolated, this service is tailored to individual's needs. A range of social activities include digital sessions, biscuit/cake making and bingo.

Our early years offer is called Juniper Berries: Focused on pre-school groups/nursery provision/early years activities.

We also offer additional services such as ICT courses, welfare rights, food bank referrals/clothes, room hire, volunteering opportunities, care support and more.

Visit stalbands-cc.co.uk

Visit St. Albans Road, Smethwick, B67 7NL

Contact info@stalbands-cc.co.uk | Call 0121 558 0018

Sandwell College Community Offer

SANDWELL
COLLEGE

Apprenticeship Events

sandwell.ac.uk/apprenticeships

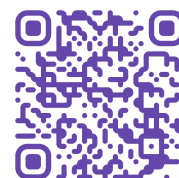
Apprenticeship Vacancies



Adult Courses

sandwell.ac.uk/adult-courses

Free Adult Job Readiness Courses



See our latest events, vacancies and courses.

Discover your career; discover your potential; achieve your ambition.

Age UK Sandwell



Supporting you in a digital world to: use the internet/search information safely; pay bills/use social media; use a table, laptop or phone; and make new friends/share hobbies and interests.

Visit Brasshouse Community Centre, Brasshouse Lane,
Smethwick, B60 1BA | Open Wednesdays, 11am–12pm

Contact activities@ageuksandwell.org.uk | Call 0121 437 0033

Dementia Friendly Friendship Cafe



Join us for an afternoon of crafts, chat and activities; all welcome!

Every Wednesday, 1–3pm

West Bromwich Central Library (on your right as you enter – look for the Creative Arts Lives Banner)

£2 suggested donation per person; carers FREE

Visit creativeactivelives.org.uk

Ask Marc

ask::
marc

What?

Help and support for men affected by domestic abuse, stalking and rape and sexual violence. They offer independent, confidential advice and support to help men be safer, make choices, and move forward with their lives. Anyone can experience abuse. Ask Marc is a project of Black Country Women's Aid.



To find out more about the Ask Marc service, scan the QR on the left to visit the website. <https://www.askmarc.org.uk>

To contact them, call 0121 289 6402 or email info@askmarc.org.uk.

The Art Yard

The Art Yard
gallery & studios

Our resident artists, sponsors and many of our exhibitors at The Art Yard are able to take your commissions and deliver the art and craft that reflects your domestic environment, corporate identity or personal requirement.

Our curators will work with you to identify your preferred artist, media and style, and then invite the artist to negotiate the commission with you or give you.

Speak with The Art Yard team to arrange a consultation or to identify your requirements.

Visit mfaa.co.uk

Email infoartyard@gmail.com | Call 01384 910 968

Visit 19-20 Upper High Street, Cradley Heath, B64 6HX



Bearwood Community Hub

Bearwood Community Hub



Bearwood Community Hub provides open-to-all community spaces across Bearwood. Places where everyone can connect, create and collaborate.

Join us at Bearwood Baptist Church Hall for our Warm Wednesday Welcome; come in for a chat, grab a cup of tea, enjoy our community lunch, pick up some clothes, toys or books from our free shop or get crafty at our art club! Order a fresh, artisanal loaf of bread from our community bakery, run by local, sanctuary-seeking women.

Tired of working from home alone? Pop in to our cosy co-working space on Abbey Road for some company, coffee & community!

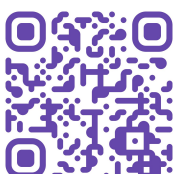
Warm Wednesdays: Bearwood Baptist Church Hall, Entrance on the corner of Rawlings & Bearwood Road, B67 5AD
Wednesdays, 11.30am–5pm

Co-working & Listening Ear: 28A Abbey Road, Smethwick, B67 5RD
Monday–Fridays, 9.30am–5pm (Co-working), Monday–Thursdays, 9–11am (Listening Ear)

Bakery: order online at bearwood.cc/shop every Wednesday by 8.30am

Visit bearwood.cc

Beauty Behind Gospel



You are invited to attend...

Tuesdays, 6.30–9pm: Prayer Service

Thursdays, 6.30–9pm: Bible Study Cell Groups

Sundays, 11am–1.30pm: Sunday Service

Location: 141 Tat Bank Road, Oldbury, B69 4NH

Visit beautybehindgospel.com

Black Country Connected

Healthier Futures
Black Country Integrated Care System



Wish you could use the internet but don't have a digital device? Need help learning how to use the internet? Want to learn how to use your digital device?

If the answer is yes to any of the above, we are offering people who live in the Black Country the chance to borrow a Geobook laptop for three months with support to use it.

If you would like to take part or find out more about this project, please speak to a healthcare professional or visit blackcountryconnected.co.uk.

Contact emma.sharman@nhs.net | Call 07977 948895

Black Country Housing Group



What?

BCHG is a social business investing in people and communities. They have over 2,100 homes across the Black Country and Birmingham and one purpose built Residential Care Home. More than a registered provider of social housing, they support our local communities by offering free services that help individuals with self-achievement and aspiration through their career development, training and employment services.

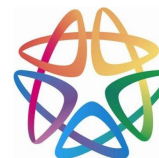


To find out more, scan the QR on the left to visit the website.
<https://www.bchg.co.uk/>

Email katymcallister@bchg.co.uk or call 07790 939564.



Black Country Women's Aid



What?

Black Country Women's Aid support those who have experienced domestic abuse, trafficking, modern-day slavery or stalking. Providing therapeutic services, forest schools and refuge.

Where?

Visit their head office:
Landchard House, Victoria Street, West Bromwich, B70 8HY

For more information on the service, scan the QR on the left to visit the website. <https://blackcountrywomensaid.co.uk>



If you need support, email info@blackcountrywomensaid.co.uk, call 0121 553 0090, or send a text or WhatsApp message to 07384 466181.

If you help outside office hours (9am–5pm, Mon–Fri), call the 24-hour helpline on 0121 552 6448.

Contact Katie Newell at
katie.newell@blackcountrywomensaid.co.uk.

Brandhall Community Hub



What?

Brandhall Community Hub is a warm space, food pantry, uniform bank and a baby bank for the local community.

Where?

151 Castle Road West, Oldbury, West Midlands, B68 0EL



Scan the QR on the left to visit the Facebook page.
<https://www.facebook.com/brandhallcommunityhub>

Contact brandhallcommunityhub@gmail.com or call 0121 422 6700.

More Warm Spaces in Sandwell can be found on the Sandwell Council website: <https://www.sandwell.gov.uk>

Brasshouse Community Centre



Our mission is to be widely recognised as a leading community anchor organisation providing services for our community.

Our work with others is a part of a bigger network and collaborate with a range of organisations to help make North Smethwick a community to be proud of.

Location: Brasshouse Lane, Smethwick, B66 1BA

Visit nsdt.org.uk

Call 0121 555 5672 | Contact info@nsdt.org.uk or jennifer.harrison@nsdt.org.uk



Citizens Advice

**citizens
advice**

What?

CASSIE (acronym for Citizens Advice Supporting Social Inclusion and Equality) is a van that transforms into a fully accessible mobile office, allowing Citizens Advice workers to meet people at community locations across Sandwell towns.

To find out more, scan the QR on the left to visit the website.
<https://citizensadviceandwell-walsall.org>

Contact nicky.f@citizensadviceandwell-walsall.org or call 0808 2787812

Contact Mobile Advice Unit on 07494157626

Visit Municipal Buildings, Halesowen Street, B69 2AB

Open Mondays, Wednesdays, Fridays, 9am–3.30pm



DECCA



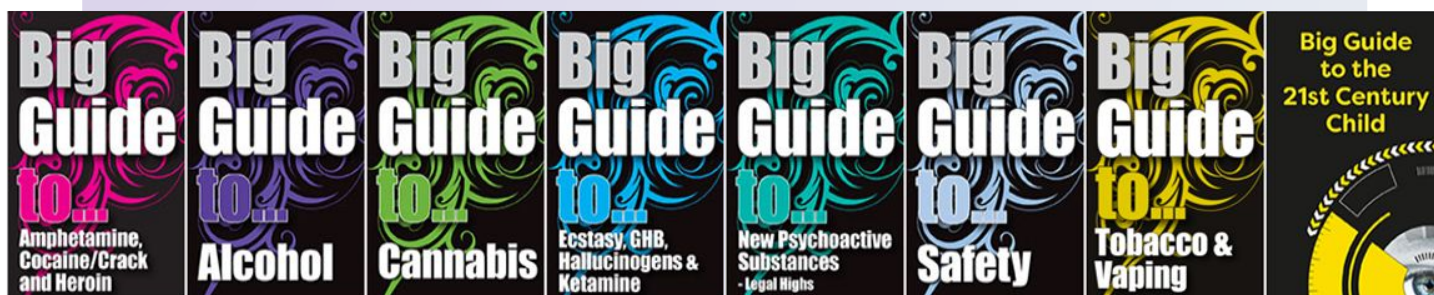
The DECCA (Drug Education, Counselling and Confidential Advice) Team are Sandwell's young people's alcohol, drug and tobacco service. We provide drug and alcohol treatment and education for young people and adults.

Visit ourguideto.co.uk/decca-big-guide-to

Email decca_team@sandwellchildrenstrust.org

Call 0121 569 2201 or 07500 785889 | Text 07781 472746

Informational material available at ourguideto.co.uk/decca-big-guide-to



Public Health: Drugs & Alcohol



Nick Shough: Project Officer for Sandwell Council, working on: substance use; developing practise; providing case management advice; strengthening networks and core pathways; and promoting recovery in Sandwell.

Location: Sandwell Council House, Freeth Street, Oldbury, B69 3DE, PO BOX 2374

Call 07824 128001 | Email nick2shough@sandwell.gov.uk

Visit sandwell.gov.uk

Dementia specialist Admiral Nurses



Our national Dementia Helpline is run by Admiral Nurses and is free to call on 0800 888 6678.

The helpline is open Monday–Friday between 9am–9pm and Saturday/Sunday between 9am–5pm, and on all Bank Holidays except 25 Dec. All calls are confidential.

Contact helpline@dementia.org

Visit dementiauk.org

Dorothy Parkes Community Centre



The Dorothy Parkes Centre is an award-winning community centre based in Smethwick and provides a warm, safe place of welcome and opportunity, open seven days a week and accessible to all.

Activities include access to youth clubs, social groups, creative arts, martial arts, health and fitness, weight management, dance, bereavement support, job clubs, private tutoring, allotment plot, litter picks and school uniform giveaways. We also offer events such as afternoon teas, community cinema and theatre, police and council surgeries and fairs such as Christmas, Summer, and Craft. Our Centre is available for private hire for special functions such as birthdays, anniversaries, and baby showers.

What?

Where?

Church Road, Smethwick, B67 6EH



To find out more, scan the QR on the left to visit the website.

<https://www.dorothyparkes.org>

Contact manager@dorothyparkes.org or call 0121 558 2998.

Green Doctor



GREEN
DOCTOR



Green Doctors offer energy saving advice, guidance on renewable energy, help with energy debts, and install free energy saving items.

Contact wmgreendoctor@groundwork.org.uk | Call 0121 530 5516

HIANA

HIANA



Our projects include: Eden Lounge, a media and communication studio designed to provide a space for photography and videography and more; Eden Cafe is an independent cafeteria designed to offer a range of refreshments and hot drinks for the local community; and Eden Music is a record label that specialises in working with gospel artists and worshippers to realise heavenly sounds on earth.

Visit **HIANA House, 141 Tat Bank Road, Oldbury, B69 4NH**

Contact hello@creative-eden.com | Call 0121 824 7725

Visit creative-eden.org

Heal Hub

Heal Hub.org.uk



Heal Hub is a community-led programme that gives young people the opportunity to shape their own mental health support. If you're 14-25 in the West Midlands, this programme was built around YOU.

We offer free online and in person therapy for those who want to manage their minds. Whether you want to calm your anxiety, understand your feelings, or talk about things in your past, you choose your own support and get focused attention from a therapist who gets you.

Contact mhteam@lyfeproof.co.uk
Call 0121 622 3603 or 07562 692353

Visit healhub.org.uk

Kingsway Windrush Project



What?

The Kingsway Windrush Project produces booklets, display materials and exhibitions publishing its work on raising awareness of culturally and historically important events such as Windrush and black history.



To check out what they do and if you're interested in getting involved, scan the QR on the left. <http://www.windrush70.com/>

Contact Annette Robinson (project founder) on 07903 469025 or via the contact form on the website.

Men's Health Forum



What?

The Men's Health Forum is a charity supporting men's health in England, Wales and Scotland.



To find out more, scan the QR on the left to visit the website.
<https://www.menshealthforum.org.uk>

Multistory



Multistory is a community arts organisation. We have been based in the borough of Sandwell since 2006 and the people and place shape our work. We build meaningful connections between local communities and artists to produce creative projects that tell stories of everyday life. We believe in the power of art to reflect the times we live in and tell stories to bring people together.

Our programme of participatory arts projects, workshops, talks and events takes place in libraries, community centres and indoor and outdoor public spaces. The stories told through our projects have a local resonance but are also seen by audiences far beyond, both in national exhibitions and through our digital programme. We support creatives through collaborative projects, employment, bursaries and skills development opportunities.

Location: Town Hall, Lodge Road, West Bromwich, B70 8DY

Visit multistory.org.uk

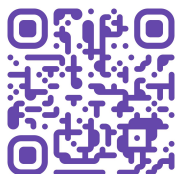
Call 0121 569 2881

Emma Chetcuti, Director: emmachetcuti@multistory.org.uk

Jess Piette, Project Manager: jesspiette@multistory.org.uk

Becky Sexton, Programme Manager:
beckysexton@multistory.org.uk

New Beginnings Community



Join us at St Mark's Church Londonderry, Thimblemill Road, Smethwick, B67 6LP for free refreshments every Wednesday (term time only) from 10–11.30am.

Call 07762 303374

Visit newbeginningscommunity.co.uk

Royal British Legion



What?

The Royal British Legion is the UK's leading Armed Forces charity and one of its largest membership organisations. They help members of the Armed Forces Community (both serving and former members), their spouses/partners and any dependent children; service in the Army Reserves (formerly called the TA) of one year or more also qualifies.



To find out more about the support Royal British Legion offers, scan the QR on the left to visit the website.

<https://britishlegion.org.uk>.

Please contact Robert Clarke at bobclarke12@yahoo.co.uk.

Thanks to the poppies donated from the Royal British Legion through the support of Mr Robert Clarke, our college has successfully donated £833.19, which was presented to him 17th November 2023 for charitable causes.



Sandwell Churches' Link



What?

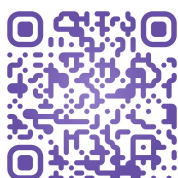
Sandwell Churches' Link builds relationships between churches and community groups. They coordinate a network of 30+ 'Places of Welcome' which are run by local community groups who want everyone in the neighborhood to have a place to go for a friendly face and a conversation if and when they need it.



For more info about Sandwell Churches' Link, scan the QR on the left to visit the website. <https://www.sandwellchurcheslink.org.uk>

Contact james@sandwellchurcheslink.org.uk or call 07745 679893.

Sandwell Clothing Bank (supported by St. Mary's Bearwood)



St Mary's supports the vital work of Sandwell Clothing Bank, run by Sandwell Churches' Link. In the midst of the Cost-of-Living Crisis, with so many in our communities struggling to heat their homes, pay bills, and even feed their families, Sandwell Clothing Bank distributes free brand-new clothing and shoes to those in our community who need them the most.

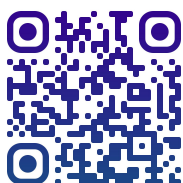
Visit stmarysbearwood.org/sandwell-clothing-bank

Sandwell Community Dementia Society



What?

A free-to-access service for people living in Sandwell who are registered with a GP Practice in Sandwell and are either diagnosed with dementia/memory loss or a carer/family member of someone living with dementia.



To find out more about dementia support, scan the QR on the left to visit the Murray Hall website. <https://www.murrayhall.co.uk>

To make a referral, call 01902 826 655 or email bcicb.dementiasupport@nhs.net. Open hours are Mon–Thu from 9am–5pm and Fri from 9am–4.30pm.

Contact sunita.devi3@nhs.net

Sandwell Deaf Community Association



What?

SDCA delivers specialist services to deaf and hard of hearing people on behalf of Sandwell Council. They provide a variety of services including information, advocacy, volunteers, training, communication, welfare rights, consultation & research and community groups.

Where?

Summer Street, West Bromwich, B71 4JA

Contact Amanda Bennett at amanda.bennett@sdca.co.uk or call 07885 913225.

Email info@sdca.co.uk or text 07885 913225.

SDCA, The New Deaf Centre, Summer Street, West Bromwich, B71 4JA

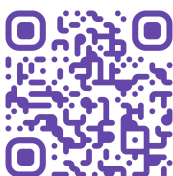
Sandwell Digital Donations



We offer free laptops to enable you to set up learning hubs on your premises. We will also provide you with a trainer to upskill your staff and volunteers so they are able to give your service users the skills to get online.

For more info, please contact Katy McAllister at katy.mcallister@bchg.co.uk or calling 07790 939564.

The Salvation Army



The Salvation Army, an international movement, is an evangelical part of the universal Christian Church.

Visit 6 Merton Close, Oldbury, B68 8NG

Email oldbury@salvationarmy.org.uk | Call 0121 552 6901

Annabel Bloomfield, Employment Development Coordinator:

Email annabel.bloomfield@salvationarmy.org.uk

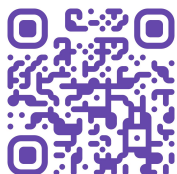
Call 07341 004591

Lee Horley, Assistant Regional Manager:

Email lee.horley@salvationarmy.org.uk

Call 07702 940944

Sandwell Family Information Service



Helping you to find the services, support, and activities available to you in Sandwell.

Find childcare, funded places for 2, 3 and 4 year olds, SEND support, children's centres, youth services, health and wellbeing resources and much more!

Visit fis.sandwell.gov.uk



Scan the QR Code to
access the FIS Hub

**Helping you to find the services, support,
and activities available to you in Sandwell**

Find family support, childcare, funded places
for 2, 3 and 4-year-olds, Sandwell local offer,
health & wellbeing and money, welfare &
benefits

Sandwell Safeguarding Adults Board

Sandwell
Safeguarding
Adults
Board

What?

SSAB works to ensure there is a consistent professional response to actual or suspected abuse affecting adults. Their website exists to provide the public with information, procedures and guidance on safeguarding adults in Sandwell.

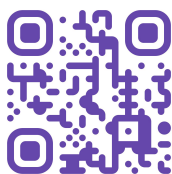


To find out more, scan the QR on the left to visit the website.
<https://www.sandwellsab.org.uk>

Contact safeguarding_SSAB@sandwell.gov.uk or call
0121 569 5790 or 07901 114140

SCVO

SCVO
connecting · enabling · transforming



Sandwell Council of Voluntary Organisations (SCVO) is the organisation in Sandwell supporting all the charities and community organisations. They help people set up new charities as well as giving guidance and support to the hundreds already serving the local community.

Find out all they do at scvo.info and if you're interested in boosting your confidence and career by volunteering, see what you can do at letsgosandwell.info.

Follow us:

twitter.com/scvosandwell | facebook.com/scvo.sandwell



Sense



At Sense, we support everyone who is deaf, blind or has complex disabilities.

Our centre, Sense TouchBase Pears in Birmingham, is a welcoming, accessible environment where everyone can feel connected, included and part of the community. Here, we host community activities that are open to all, from knit and natter groups and inclusive cinema screenings to messy play and music workshops.

Visit **750 Bristol Road, Selly Oak, Birmingham, B29 6NA**

Visit sense.org.uk/places/touchbase-pears

Contact info@touchbasepears.org.uk

Sight Loss Councils (Thomas Pocklington Trust)



What?

The Thomas Pocklington Trust is a charity for blind and partially sighted people. They run projects with Sight Loss Councils members to advocate the need of visually impaired people in their communities and work to improve access to goods and services.



To find out more, scan the QR on the left to visit the website.
<https://www.pocklington-trust.org.uk>

Contact info@pocklington-trust.org.uk or call 020 8995 0880.

Contact Louise Connop (Engagement Manager) at
louise.connop@pocklington-trust.org.uk



Sikh Women's Aid



What?

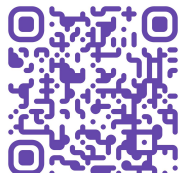
Sikh Women's Aid is a community-based organisation set up by women from the Sikh community from across the West Midlands. The founders of Sikh Women's Aid share a common ambition and have therefore set up an organisation to tackle the negative impact of cultural influences, and specifically where this influence can lead to the exploitation of women and girls in the Sikh and Panjabi communities.



To find out more about the service, scan the QR on the left to visit the website. <https://www.sikhwomensaid.org.uk>

To make a referral, call 0333 090 1220 or email info@sikhwomensaid.org.uk.

Smethwick ASRA



ASRA is a tailored made service for the South Asian Community, offering a wide range of services to Asian elderly from age 50+.

ASRA offers day care and domiciliary care services across Sandwell and Birmingham.

Services include:

- person Centred Care with tailor made care planning
- meals: breakfast, lunch and refreshments
- health & social care activities
- qualified care staff to support with all needs, caring with compassion in a friendly environment.

Visit Fenton Street, Smethwick, B66 1HR

Contact Jag Dosanjh – Day Opportunities Manager
javed.parvez@nhs.net | Call 0121 565 4678 or 07727 894221

South Staffs Water



What?

South Staffs Water have a community hub in Sandwell that offers support to people struggling to pay or understand their bills. For example, they offer the Assure Tariff for low income households: a two-year discount for households of a combined income of less than £19,050.

Where?

Union Street, Wednesbury, WS10 7HD



To find out more about the service, scan the QR on the left to visit the website.

<https://www.south-staffs-water.co.uk/community/community-hub>

Contact Amanda Lee (Customer & Community Engagement Officer) at amandalee@south-staffs-water.co.uk.

SWBHT Youth Forum



What?

Are you aged 13–21? Interested in health? Want to know more about our hospitals and community services? Join the Sandwell and West Birmingham NHS Trust Youth Forum to help improve services, get involved in volunteering and work experience and experience fun quarterly 'thank you' activities such as go-karting and ice-skating.



To find out more, scan the QR on the left to visit the website.

<https://www.justyouth.org.uk/youth-voice/swbht-youth-forum>

Together All



Together All works with students and staff who can enrol and take part in interactive group courses on a variety of topics to help them feel more in control of their emotional health.

Together All offers a safe space where people provide peer-to-peer emotional support, help and guidance and live chat and webinars to answer questions.

Sign-up at togetherall.com with your college email address.

Utilita Energy Hub



What?

Utilita Energy Hub offers tailored energy advice. Speak to the team for energy efficiency advice so you can start saving and do your bit for the planet at the same time.

Where?

3D Astle Park, West Bromwich, B70 8NS



Scan the QR on the left to visit the website for more info.
<https://utilita.co.uk/energy-hub/west-bromwich>

Contact Jack Bridge at westbrom@utilita.co.uk or call 01218 036 776. Open 9am–5.30pm, Mon–Sat.

West Bromwich BID



What?

West Bromwich Town Business Improvement District covers over 500 businesses in West Bromwich. They undertake many projects within the town, these include: two Town Ambassadors patrol the BID area six days per week and are a main point of contact for information, help and assistance.

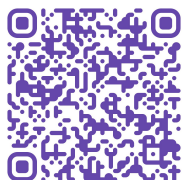


For more info, scan the QR on the left to visit the website.
<https://www.westbromwichtown.co.uk>

Contact Lisa Hill (West Bromwich BID Manager) at
lisa.hill@westbromwichtown.co.uk.



West Smethwick Park



Work is now concluding on the £5.1 million-pound restoration and improvement project at West Smethwick Park.

This is probably the most exciting time for the park since it was opened in 1895. The improvements were possible from an award of a £4.5 million-pound grant from The National Lottery Heritage Fund's Parks For People grant with the remaining balance funded by Sandwell Council.

The project includes the funding of a West Smethwick Park Community Engagement Coordinator, who is now working hard to engage community groups and residents in activities, events, and bookings for the West Smethwick Pavilion and park facilities.

We will deliver a programme of outdoor and indoor activities as part of the Lottery grant. The programme will include sport, physical activity, art, nature, history and heritage.

If you'd like to find out more about the project or become a friend of the park, email Alex at wsp_project@sandwell.gov.uk

Visit Park Road, Smethwick, B67 7JJ

Tom Pincombe:

Email t.j.pincombe@sky.com | Call 07867 818082

Dave Marsh:

Email fwspec@gmail.com | Call 07990 352359

#Pledge2Invest

SANDWELL
COLLEGE

If you're a business in the West Midlands and you're looking to invest in your local community via Work Experience, Work placements, Apprenticeships, you can find out more on the video below.

There are many ways you can get involved to help secure your future workforce. Add your company details by following the link and one of our dedicated Employer Engagement team will get in touch to arrange a conversation about how we can work together further.

Visit sandwell.ac.uk/pledgetoinvest

West Midlands Lieutenancy



Sir John Crabtree OBE, the Lord Lieutenant of the West Midlands is His Majesty's personal representative and the role involves supporting civic, ceremonial, voluntary, charitable and social activity. He is supported by the Vice Lord-Lieutenant, Deputy Lieutenants and a small secretariat. Sandwell has five Deputy Lieutenants.

The Lieutenancy:

- Arranges and supports visits to the West Midlands by members of the Royal Family who are accompanied by the Lord-Lieutenant or his representative whilst in the area.
- Advises on nominations and honours – including The New Year Honours and The King's Birthday Honours.
- Helps identify and support charities that might be considered as recipients of The King's Award for Voluntary Service.
- Helps identify and support companies and enterprises that might be considered as recipients of The King's Award for Enterprise.
- Presents medals, King's Awards and other commendations including planning and organising the presentation of the British Empire Medal held each year in the West Midlands.
- Maintains and encourages links with the civic authorities, armed forces and the emergency services.



John Wood

Visit wmlieutenancy.org

Email office@wmlieutenancy.org or johnwood999dl@gmail.com

Call 0121 222 5040 or 07881 551240

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Letter about the Lord-Lieutenant's Active Young Citizens Award 2023



WEST MIDLANDS
LIEUTENANCY

11 Waterloo Street
Birmingham
B2 5TB

Tel: 0121 222 5040
office@wmlieutenancy.org

West Midlands Lord-Lieutenant's Active Young Citizens Award 2023

I am writing on behalf of Sir John Crabtree OBE, our Lord-Lieutenant, to let you know that nominations are now open for the annual award of prizes from the West Midlands Lieutenancy to young people across our region.

This is the fourth year that we will be awarding the prize, which aims to celebrate the spirit of the Commonwealth. Its aim is to bring people together from countries far and wide, or communities from across the city and region. We embrace the Commonwealth values of humanity, equality and diversity in everything we do, our awards will celebrate young people who have shown extraordinary impact on the community in which they live and impacting on the cultural life of the region.

Award criteria: Do you have a young person who you know is making a difference in their community. The nomination should reflect the reasons you believe they deserve to be recognised. We want you to capture the key points below so consider, have they:

- Used their skills and talents to build and strengthen **local communities**
- Assisted in developing legacy through the creation of improved **diversity, understanding and reconciliation** via community activity
- Volunteered and achieved **measurable impact** on a specific community project
- **Overcome personal barriers** in order to participate in cultural opportunities in their community (educational institution or wider community)
- **Helped other people** overcome barriers and participate in community opportunities
- Been **innovative** in developing or working on a community project
- Used their skills and talents to **help other people to access** opportunities in their community.

If you wish to nominate anyone for this Award, please complete and submit the online nomination form from the West Midlands Lieutenancy website. The nomination form is attached to this letter and can also be downloaded here <https://wmlieutenancy.org/what-is-the-young-active-citizen-award/>

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The information required includes:

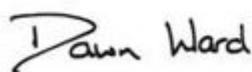
- The name and age of the young person (maximum age 25 on 1st September 2023). The awards will be made in three categories: Up to 11 years old, 12-18 years old, 18-25 years old)
- Up to 500 words setting out why your student(s) should be awarded a Lord-Lieutenant's Young Active Citizen Award against the criteria set out above.

Winners will be invited to have their certificates presented by the Lord-Lieutenant at the KAVS Ceremony at Birmingham Hippodrome on Sunday 14th April 2024. The overall winner of each age category will be invited, with a representative from their school/college/university or organisation to have afternoon tea in The House of Lords, which will be held in July 2024.

Please complete and submit by midnight on 2nd March 2024

We look forward to hearing from you.

Yours faithfully



Dawn Ward CBE DL

NOMINATION FORM



West Midlands Young Active Citizen Award 2023

We aim to celebrate the spirit of the Commonwealth. Its aim is to bring people together from countries far and wide, or communities from across the city and region. We embrace the Commonwealth values of humanity, equality and diversity in everything we do, our awards will celebrate young people who have shown extraordinary impact on the community in which they live and impacting on the cultural life of the region.

Award criteria: Do you have a young person who you know is making a difference in their community. The nomination should reflect the reasons you believe they deserve to be recognised. We want you to capture the key points below so consider, have they:

- Used their skills and talents to build and strengthen **local communities**.
- Assisted in developing legacy through the creation of improved **diversity, understanding and reconciliation** via community activity.
- Volunteered and achieved **measurable impact** on a specific community project.
- **Overcome personal barriers** in order to participate in cultural opportunities in their community (educational institution or wider community)
- **Helped other people** overcome barriers and participate in community opportunities.
- Been **innovative** in developing or working on a community project
- Used their skills and talents to **help other people to access** opportunities in their community.

Share with us the details of what they have done, how long have they been doing this and the impact it has had on others.

First Name of Nominee	
Last Name of Nominee	
Age of nominee(s): (must be no older than 25 on 1st September 2023)	
Full name and address of educational institution or organisation:	
Name of Nominator	
Contact email of Nominator:	
Contact phone number of Nominator:	

Name, Phone Number & Email Address of the leader of the nominating organisation/unit	
Nomination statement (max 500 words against the criteria above)	

Please complete and submit your nomination via email to ann@wmlieutenancy.org by midnight on 9 February 2024.



Let's Talk Service

Being active and making connections with others is an important part of our health and wellbeing.

Let's Talk can help to identify what support you would like to access and to make connections in your local community.

The Let's Talk Vocational Specialist will:

- Offer one-to-one support tailored to your needs, including appointments in local venues.
- Support you to find groups that interest you, and in accessing services until comfortable to do so independently.
- Encourage you to join onto our virtual and face to face group sessions
- Help you to build confidence and independence.
- Encourage you to build your social connection.

Who is eligible for this service

The Let's Talk service aims to support individuals who are experiencing isolation and loneliness:

- Aged 18 years or over.
- Living in Sandwell, Dudley, Walsall, or Wolverhampton

Interested? Contact us on:



bchft.letstalk@nhs.net



01922 608500
01922 922443

Together with you to achieve

healthier, happier lives





Black Country Healthcare
NHS Foundation Trust

Our 1-1 Feedback

Susan (Client):

'I cannot thank you and your services enough for your support... my confidence has grown, and my anxieties lessened to the point I can now leave my home and join in with the outside world again'.

Alan (Community Mental Health Nurse):

'My client regularly attends the virtual coffee mornings and quizzes. You have signposted him to a men's group and another social support group, I can tell they like the groups and they have significantly improved their social network'



"Brilliant afternoon, looking forward to the next one."

"I really enjoyed the session and in such a nice environment."

"Time was flying by, it was lovely!"

"I enjoyed meeting everyone. It was a fantastic time."

Feedback from 'Coffee at the Molineux'



Pictures from our Walk & Talk Sessions

Together with you to achieve
healthier, happier lives

Find us on social media
by searching
'Black Country Job Support'



SANDWELL COLLEGE

A CAREERS COLLEGE

APPLY FOR **DIPLOMAS, BTECS, T LEVELS & APPRENTICESHIP CAREER** QUALIFICATIONS*Your Future
Starts Here!*

Open days

VISIT OUR

SANDWELL COLLEGE, SPON LANE,
WEST BROMWICH B70 6AW

**We are looking forward to welcoming you
to campus for our 2023/4 open days.**

OCTOBER 2023

THURSDAY 12 OCTOBER 2023 4PM-7PM
SATURDAY 14 OCTOBER 2023 11AM-3PM

NOVEMBER 2023

THURSDAY 16 NOVEMBER 2023 4PM-7PM
SATURDAY 18 NOVEMBER 2023 11AM-3PM

JANUARY 2024

TUESDAY 16 JANUARY 2024 4PM-7PM
SATURDAY 20 JANUARY 2024 11AM-3PM

MARCH 2024

TUESDAY 5 MARCH 2024 4PM-7PM
SATURDAY 9 MARCH 2024 11AM-3PM

JUNE 2024

THURSDAY 13 JUNE 2024 4PM-7PM
SATURDAY 15 JUNE 2024 11AM-3PM

**PRE-BOOK YOUR PLACE TODAY
AT OUR OPEN DAYS**

CHECK OUR WEBSITE FOR LATEST UPDATES

**TALK TO US!****CALL 0800 622 006****sandwell.ac.uk**

THE BEST COLLEGE FOR THE JOB